

## Home Lab Self-Evaluation

Name: \_\_\_\_\_

Name of recipe/ meal/ dish: \_\_\_\_\_

Date: \_\_\_\_\_

The *approximate* amount of time you took to prep, cook/bake and clean (not eat!)

\_\_\_\_\_

Helper? (who) \_\_\_\_\_

Product standards: (fill in any that apply)	Your actual product:
Colour -	Colour -
Texture -	Texture -
Flavour -	Flavour -
Size/shape -	Size/shape -
Temperature description -	Temperature description -
Other -	Other -

Did you make the food according to a recipe? \_\_\_\_\_

Did you make any changes to the original? If so, what?

\_\_\_\_\_  
\_\_\_\_\_

What did you like about the food?

\_\_\_\_\_  
\_\_\_\_\_

What would you change about what you did?

\_\_\_\_\_  
\_\_\_\_\_